

THE PARKS

FARMERS MARKET & PIZZERIA

bambino menu

All our children areas are free of charge "please be respectful of our play area, putters & other children"

FOR CHILDREN UNDER THE AGE OF 12 YEARS



breakfast end - 11:30am

Bambino Breakfast | 34
Scrambled eggs, bacon, sausage & toast

Mini Continental | 28
Croissant, cheese & ham

French Toast | 32
A slice of french toast & two rashers of bacon

Scrambled Eggs | 14

pizza

Kids, make your own!
Margherita with any two of the following toppings | 45
Pineapple, ham, mushrooms or olives

Any Additional kiddies toppings | 10 per topping

toasted sandwiches

Your choice of white or brown bread & served with lays chips
Toasted cheese | 32
Toasted cheese & tomato | 40
Toasted cheese, ham & tomato | 43

pasta

Your choice of Spaghetti, Penne, Homemade Tagliatelle or Gnocchi (R5.00 extra)

Bolognese | 46
Napoletana | 34
Alfredo | 46
Kids beef lasagne | 49
Macaroni & cheese | 42

BOOK
your kids party at
THE PARKS

drinks

Bubblegum, Strawberry, Vanilla, Lime, Banana or Chocolate Milkshake | 20
Milo Milkshake | 22
Babychino | 10
Oros | 15

floats

Cream Soda Float, Coke Float or Sprite Float | 28

desserts

The Parks Chocolate Sundae Cup | 20

Italian Kisses | 22
Caramel & vanilla

Soft Serve Cones | 10

Ice Cream Buffet
Small Cup | 15
Large Cup | 25

extras

Candy Floss | 10
Popcorn | 10



THE PARKS

FARMERS MARKET & PIZZERIA


Our passion is anything to do with food. Holding fresh produce in our hands inspired us to grow, to create, to share and enjoy - Italian style.

Our pizza and pasta each have their own story to tell from the way the food is prepared - Nonna's way, to the free range eggs we get from our chickens, to the fresh produce we grow on the farm.

Nothing makes your food taste better than eating with friends and family especially if it's homemade.

We want you to feel at home. Enjoy your time at The Parks!

Buon Appetito
The Parks Team

 we grow it, you eat it!

breakfast end -11:30am

BANANA YOGHURT PARFAIT | 42
Layers of vanilla yoghurt, banana & muesli, topped with nuts & honey

CONTINENTAL BREAKFAST | 48
2x Mini Croissant, assorted cold meats, cheeses, jam & butter

THE PARKS BREAKFAST | 68
Two eggs, bacon, sausage, sauteed mushrooms, grilled cherry tomato & toast

PRESTO BREAKFAST | 36
One egg, bacon, grilled cherry tomato, sausage & toast

FRENCH TOAST DELIGHT | 55
Two pieces of french toast, sauteed mushrooms & grilled cherry tomato

FRITTATA (OPEN ITALIAN OMELETTE) | 42
Two eggs with a pinch of parmesan & topped with cheddar cheese, served with a slice of toast

MAMMA MIA | 58
Polenta cake, bacon, mushrooms, fried egg, rocket, parmesan shavings, grilled cherry tomato & balsamic glaze

BREAKFAST TOP UPS
Cheddar / Mozzarella | 16
Tomato / Toast / Banana | 10
Ham | 18
Sausage / Bacon | 24
Mince | 25
Mini Croissant | 12

toasted sandwiches

Toasted sandwiches or panini
Your choice of white or brown bread

| | Toasted / Panini | |
|---|------------------|----|
| Cheese | 36 | 46 |
| Cheese & tomato | 45 | 51 |
| Cheese & ham | 48 | 58 |
| Cheese, ham & tomato | 55 | 63 |
| Bacon, egg & cheese | 55 | 66 |
| Bacon & cheese | 51 | 63 |
| Bacon & egg | 48 | 59 |
| Chicken & mayonnaise | 55 | 66 |
| Cheese & roasted vegetables | 48 | 59 |
| Mozzarella, prosciutto crudo & rocket | 55 | 66 |
| Mozzarella, pesto, salami & tomato | 52 | 64 |
| Mozzarella, pan fried chicken breast, tomato & rocket | 55 | 66 |
| Mince & cheddar | 55 | 66 |

**** school tours available - enquire within ****

PLEASE NOTE THAT WE HAVE SEASONAL FRESH PRODUCE & DELI ITEMS ON SALE INSIDE

salads

All our salads are served with olive oil & balsamic vinegar

Caprese Salad | 55

Layered mozzarella, tomato & basil with balsamic glaze

The Parks Salad | 68

Mozzarella, peppers, olives, cucumber, tomato & lettuce

add beef strips | 28

Greek Salad | 68

Feta, olives, tomato, cucumber, onion & lettuce

Harvest Salad | 85

Roasted vegetables, roasted cashews, feta, raw spinach & rocket

add extra chicken | 24

Tuna Salad | 89

Tuna, tomato, olives, cucumber, boiled egg, lettuce & creamy caesar dressing

Chicken Salad | 89

Pan fried chicken breast, tomato, cucumber, peppers & lettuce

The Walnut Salad | 85

Lettuce, rocket, pear, gorgonzola & walnuts

pasta

Your choice of Spaghetti, Penne, Homemade Tagliatelle or Gnocchi (R5.00 extra) - Topped with parmesan cheese

Bolognese | 89

Mince Sauce

Napoletana | 74

Tomato sauce with fresh basil

Arrabbiata | 78

Tomato & chilli

La Toscana | 98

Arrabbiata sauce & crispy bacon

DISHES ARE AVAILABLE FROM TWO DIFFERENT KITCHENS. SHOULD YOU ORDER FROM BOTH KITCHENS, KINDLY NOTE THAT FOOD MAY NOT ARRIVE AT THE SAME TIME.

Alfredo | 97

Ham, cream, mushrooms & parmesan cheese

Roasted Vegetables | 86

A selection of roasted vegetables in a napoletana sauce

Beef Lasagne | 89

Layered homemade pasta with mince, bechamel sauce & grated parmesan cheese - baked in a wood burning oven

Chicken Pesto Pasta | 97

Chicken pieces served with pesto

Pesto | 74

Basil pesto sauce served with your choice of pasta

Chicken Alfredo | 101

Chicken, cream, mushrooms & parmesan cheese

Pasta e Pollo | 110

Crumbed chicken schnitzel served on a bed of napoletana pasta

Romanesco | 92

Cauliflower, cream and parmesan cheese sauce
add crispy bacon | 24

pizza

Margherita | 68

Mozzarella & tomato

add extra gorgonzola | 18

extra chicken mayonnaise | 30

The Parks Special | 126

Mozzarella, prosciutto crudo & rocket

Quattro Stagioni | 105

Mozzarella, ham, olives, mushrooms & artichokes

Regina | 86

Mozzarella, ham & mushrooms

Bolognese | 105

Mozzarella, mince sauce & chillies on the side

Garden Delight | 105

Mozzarella, olives, artichokes, mushrooms, garlic & rocket

Leaning Tower | 126

Mozzarella, salami & olives (salami not cooked)

Buon Giorno | 130

Mozzarella, pancetta (italian bacon), boiled egg, rocket & mushrooms

Buonissimo | 120

Mozzarella, bacon & feta

add extra avocado (Seasonal) | 16

Hawaiian | 86

Mozzarella, pineapple & ham

Italiano Romano | 116

Mozzarella, beef strips, caramelised onion, mushrooms & cherry tomato

Con Carne | 116

Mozzarella, bacon, chicken & mushrooms

Sicilliana | 103

Mozzarella, anchovies, garlic & capers

Pulled Pork | 115

Mozzarella, pulled pork & pepperdews

add extra pineapple | 16

Gluten Free | Banting Base Option | 20

Calzone | R 15

(Please allow 30 minutes extra)

schnitzel

Crumbed Chicken Schnitzel | 105

Chicken breast coated with bread crumbs, herbs and a hint of parmesan with a choice of a greek salad or roasted vegetables and napoletana sauce

Mushroom or Cheese sauce extra | 18

pizza wraps

Mozzarella, prosciutto crudo, avocado (Seasonal) & rocket | 132

Mozzarella, chicken schnitzel, avocado (Seasonal) & parmesan | 138

Mozzarella, salami, avocado (Seasonal) & rocket | 130

focaccia

Focaccia | 42

Pizza bread plain or garlic & herbs

Cheese Focaccia | 57

Pizza bread with mozzarella cheese & herbs

Salami Focaccia | 86

Pizza bread with salami

Prosciutto Focaccia | 92

Pizza bread with prosciutto crudo

Cheese Focaccia al Pomodoro | 63

Cheese focaccia with freshly sliced tomato

Feta Focaccia | 58

Pizza bread with feta

extra's

Tomato / Onion / Rocket / Garlic / Chilli / Banana | 10

Mushrooms / Olives / Avocado (Seasonal) / Peppers / Capers / Artichokes / Boiled Egg / Feta / Mozzarella / Cheddar / Pepperdews / Pineapple | 16

Cooked Ham / Anchovies / Gorgonzola | 18

Salami / Bacon / Chicken / Chorizo | 24

Prosciutto Crudo / Mince / Pancetta / Beef Strips | 28

dessert

Italian Kisses | 36

Hazelnut, cappuccino & vanilla

Profiteroles | 40

Choux pastry filled with homemade custard with a hint of lemon, drizzled with chocolate

Nonna Luisa's Tiramisu | 46

Mascarpone cheese, layered biscuits dipped in coffee liqueur & chocolate

Affogato | 37

Vanilla ice cream with a shot of espresso & crushed amaretto biscuits

Cake of the Day - Freshly Baked | SQ

****Enquire with waiter****

eat, drink and enjoy!

PLEASE NOTE THAT ALL OUR MEALS ARE FRESHLY PREPARED, SO PLEASE BE PATIENT.....IT WILL BE WORTH IT!!